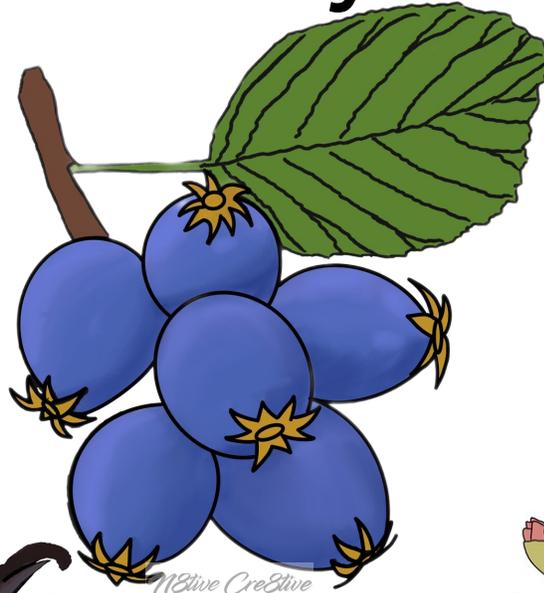


Four Food Chiefs Core Competencies

Primary



Notes for Educators and Families by SD22 Director of Indigenous Education, Charity Sakakibara

The *Four Food Chiefs Core Competencies* (2022) was developed by the SD22 Indigenous Education Department in collaboration with Okanagan Indian Band (OKIB) community members. The OKIB Language & Culture Department was approached and asked if there were sqilx^w teachings that might connect to any of the BC Core Competencies.

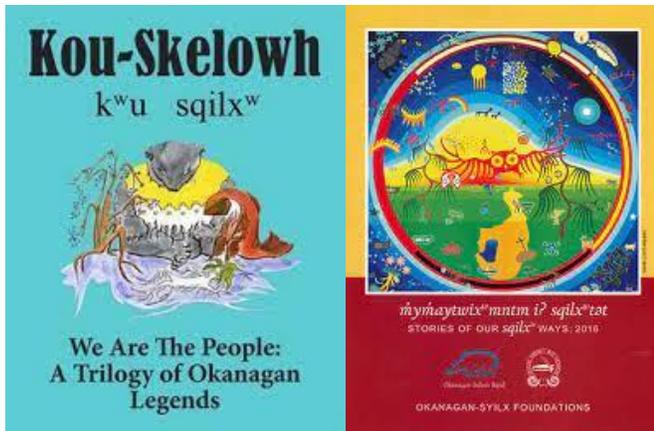
The BC Core Competencies are “sets of intellectual, personal and emotional proficiencies that all students need in order to engage in deep, lifelong learning [and] they are central to British Columbia’s K-12 curriculum and assessment system.” The SD22 Indigenous Education Department had the goal of collaborating with OKIB on a student self-assessment resource that would help students identify personal strengths through the teachings of selected captik^{wł} stories.

This student self-assessment resource is centered around the captik^{wł} “How Food Was Given” which is the story of the Four Food Chiefs. The important teachings in the captik^{wł} about the Four Food Chiefs were thought to connect with some of the BC Core Competencies, which include:

- Creative Thinking
- Critical Thinking
- Communication
- Personal Awareness and Responsibility
- Social Responsibility
- Positive Personal and Cultural Identity

It is important to note that the *Four Food Chiefs Core Competencies* resource does not include all 6 of the BC Core Competencies. A conversation with Dr. Bill Cohen, respected sqilx^w elder and scholar, helped us to understand that sqilx^w thinking and teaching does not always need to fit neatly into western frameworks. As such, our team focused on 4 of the BC Core competencies that were exemplified by the Four Food Chiefs.

The captik^{wł} “How Food Was Given” can be found in the *Kou-Skelowh/ kwu sqilx^w Trilogy* (2017). Educators will wish to share and understand the teachings of this captik^{wł} with students before using the self-assessment resource. Educators may also find helpful the Four Food Chiefs chart found on page 24 of *Stories of Our Sqilx^w Ways* (2019). Both are published resources are widely available in SD22 schools.



This resource was written by April Alexis, Alesha Grimard, and Charity Sakakibara, with input, editing, and feedback from Danielle Saddleman and Sarah Alexis from the OKIB Language & Culture team, as well as sqilxʷ educators Dr. Bill Cohen, Cheryl Paul, Lori Phillip, Kara Ross, Ben Louis, Vanessa Smith-Tso, and Tanya Saddleman-Joe. Limlimpt to those community members who offered their insights and helped to create this resource. This resource was co-created in Vernon, and the nsyilxcən language may be specific to that area.

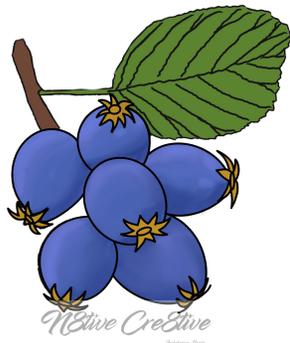
The art of the *Four Food Chiefs Core Competencies* was designed by OKIB member Quintessa Louis; more information about the artist can found on the artist's portfolio site: <https://www.n8tivecre8tive.ca>. The artist has given permission for this art to be used in this resource and other sqilxʷ resources created by the SD22 Indigenous Education Department. Please do not modify or adapt this art for your own use.

We are working with OKIB Language and Culture Department to create QR codes.

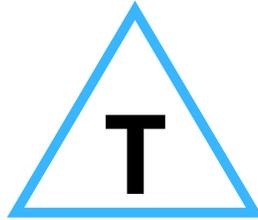
Acknowledgements and Educational Use

This resource was created through collaboration with sqilxʷ educators and the OKIB Language and Culture Department. We respectfully ask that you do not modify the resource, or copy anything on third-party lesson-sharing websites, nor seek to profit from this resource. This resource is for educational use in SD22 and other school districts located within syilx territory. If you have questions about this resource, please contact the Indigenous Education Department Lead Teachers.

The stories, ideas, and teachings within this resource belong to the Okanagan syilx people. This resource does not claim to be comprehensive and convey all teachings of these captikʷł.



Core Competencies



Facets

Developing Ideas	Develop & Design
Novelty & Value	Analyze & Critique
Generating Ideas	Question & Investigate

Building Relationships	Personal Strengths & Abilities
Contribute to Community and Environment	Relationships & Cultural Contexts
Valuing Diversity	Personal Values & Choices
Solving Problems in Peaceful Ways	

Syilx Connection

siya?/Saskatoon Berry is a creative thinker. She is Chief of all things growing above the land. She is an innovator. She thinks BIG. siya? believes nothing is impossible. She is the youth.

ntitiyix/Spring Salmon is a critical thinker. He is Chief of all that is in the water. He takes action. ntitiyix is focused and timely. He is determined. He finds a way through barriers that he is faced with.

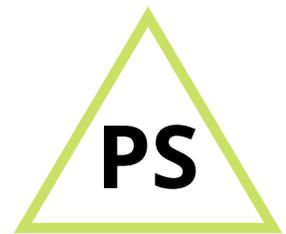
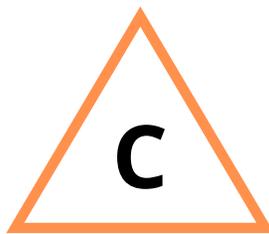
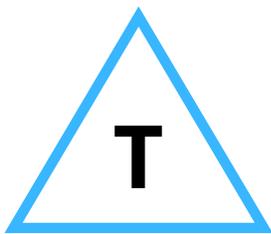
síiləm/Bitterroot understands social responsibility. síiləm is Chief of all roots underground. She is interconnected with all things. She is nurturing. síiləm is inclusive of all. She creates strong relationships with others.

skm̓xist/Black Bear has positive personal and cultural identity. skm̓xist is Chief of all four legged creatures. He understands culture and protocols. He is a deep thinker. skm̓xist is reflective of his actions.



Core Competencies

Core competencies are sets of intellectual, personal, and social and emotional proficiencies that all students need in order to engage in deep, lifelong learning. They are central to British Columbia's K-12 curriculum and assessment system.



Thinking

The thinking competency encompasses the knowledge, skills and processes we associate with intellectual development and is demonstrated through:

- Creative Thinking
- Critical Thinking

Communication

The Communication Competency encompasses the set of abilities that students use to impact and exchange information, experiences and ideas as they explore the world around them such as:

- Sharing ideas
- Listening actively
- Working as a team

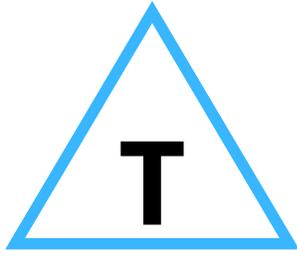
Personal & Social Responsibility

The personal and social competency is the set of abilities that focus on students' identity in the world, both as individuals and community members. It is demonstrated through:

- Positive Personal & Cultural Identity
- Personal Awareness & Responsibility
- Social Responsibility

Discussing the Core Competencies with friends, teachers, and family can deepen students' understanding of the Core Competencies. It helps them identify personal strengths and establish goals for further development as educated citizens.

	Roles	Big Ideas	Competencies
 <p>sk'mxist</p>	Chief of all creatures on land	Elder Traditions Customs	Protocols Culture Thinking Reflective
 <p>s'p'ilxəm</p>	Chief of all the roots underground	Female Relationships Governance	Interconnected Nurturing Compassion Inclusive
 <p>siya?</p>	Chief of all things growing above the land	Youth Innovation Vision	We CAN do it No barriers Think BIG Creative
 <p>ntitiyix</p>	Chief of all that is in the water	Male Action Resilient	Get it done Efficient Focused Timely



Core Competency Thinking

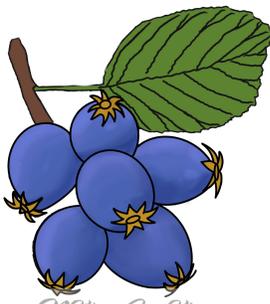
is a creative thinker.

Beginning Sometimes Yes, I can

I can get ideas when I
play.

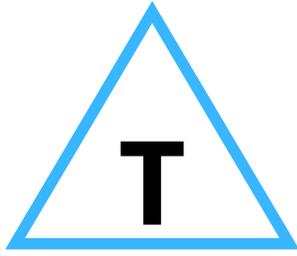
I can get ideas when
I use my senses to
explore.

I can try a new idea
when something
doesn't work.



siya? teaches us to think big and believe
that anything is possible.





Core Competency Thinking

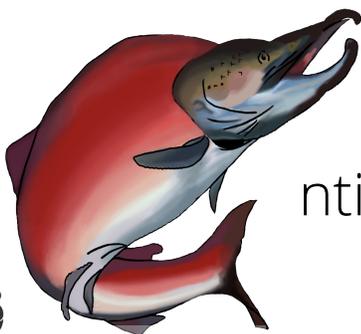
is a critical thinker.

Beginning Sometimes Yes, I can

I can tell or show
something about my
thinking.

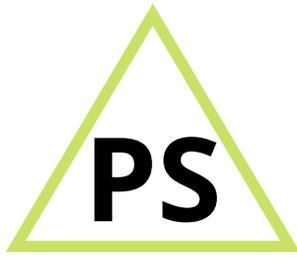
I can explore materials
and actions.

I can try different ways
of doing things.



ntitiyix teaches us to take action and find a
way through challenges.





Core Competency Social Responsibility

is a great contributor to community.

Beginning Sometimes Yes, I can

I can participate in activities to make my classroom, school, community or natural world a better place.

I can solve some problems myself and can identify when to ask for help.

I can show respectful, kind and inclusive behavior to others.



síilaxm teaches us to be inclusive of all and to build strong relationships with others.



Core Competency Positive Personal & Cultural Identity

has positive personal and cultural identity.

Beginning Sometimes Yes, I can

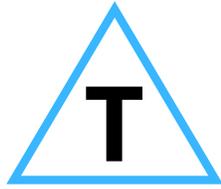
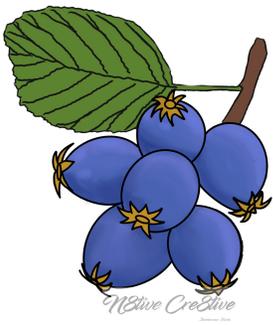
I know who I am and can identify some of my attributes, characteristics, and skills.

I can describe my family and the people and places that make up my community.

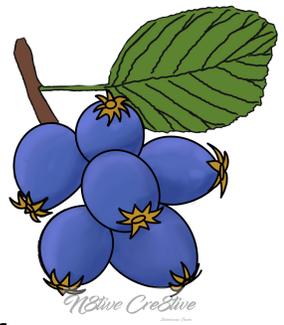
I can tell about the people, places and things that are important to me.



skm'xist teaches us to understand our cultural history and to value our family



Core Competency Thinking

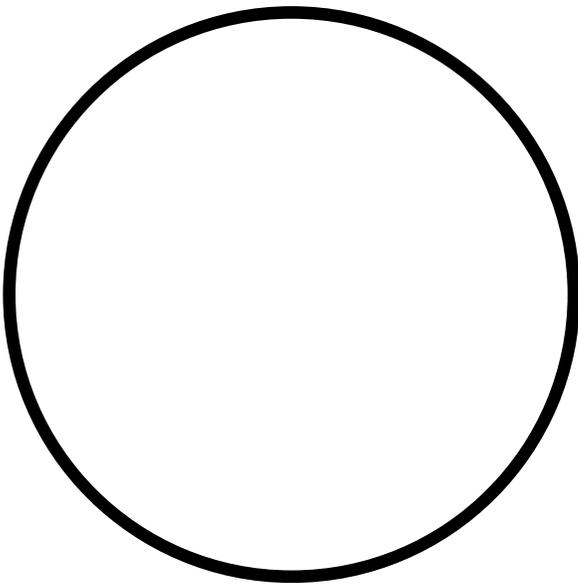


_____ is a creative thinker.

I get ideas when I play. My ideas are fun for me and make me happy.

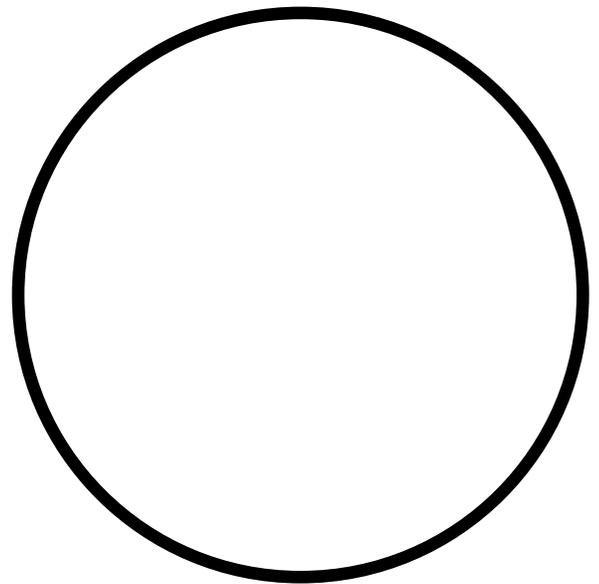
I get ideas when I use my senses to explore.

I make my ideas work or I change what I am doing.



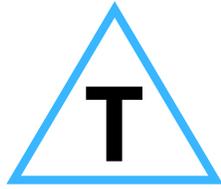
I can...

I showed this when I...



siya? teaches us to think big and believe that anything is possible.





Core Competency Thinking



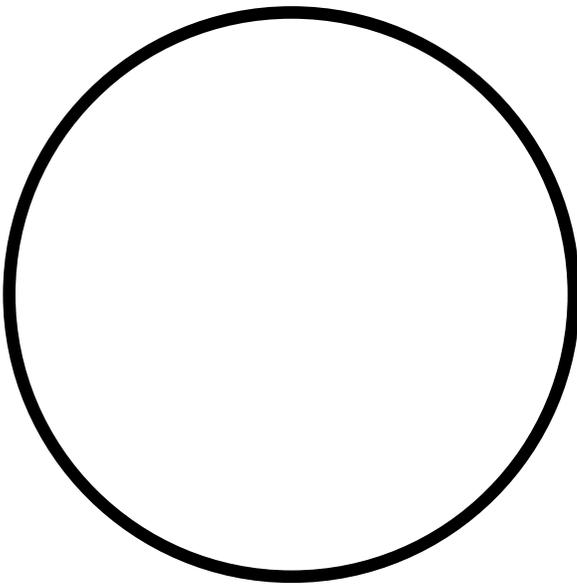
_____ is a critical thinker.

I can review and reflect on my effort and progress. I can set new goals.

I can explore materials and actions.

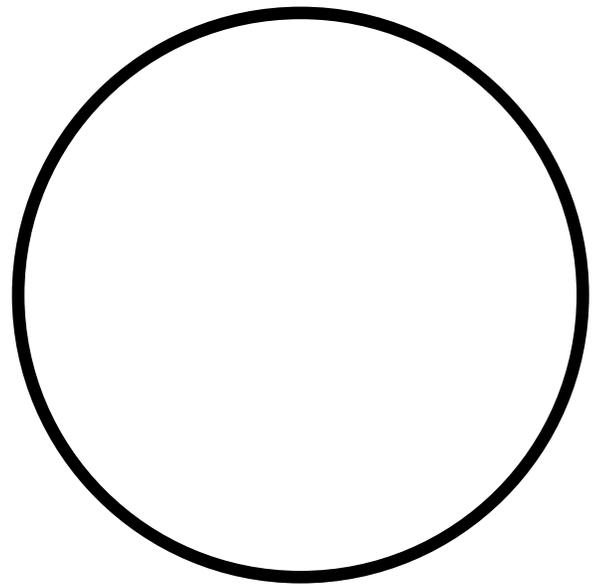
I can ask open-ended questions and gather information.

I can experiment with different ways of doing things.



I can...

I showed this when I...



ntitiyix teaches us to take action and find a way through challenges.





Core Competency Social Responsibility



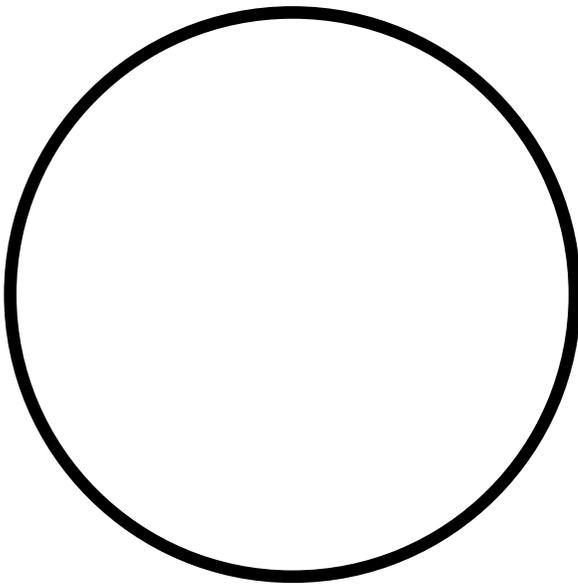
_____ is a great contributor to community.

I can participate in activities that help care for the people, places, and things in my life.

I can try to solve problems myself and ask for help when I need it.

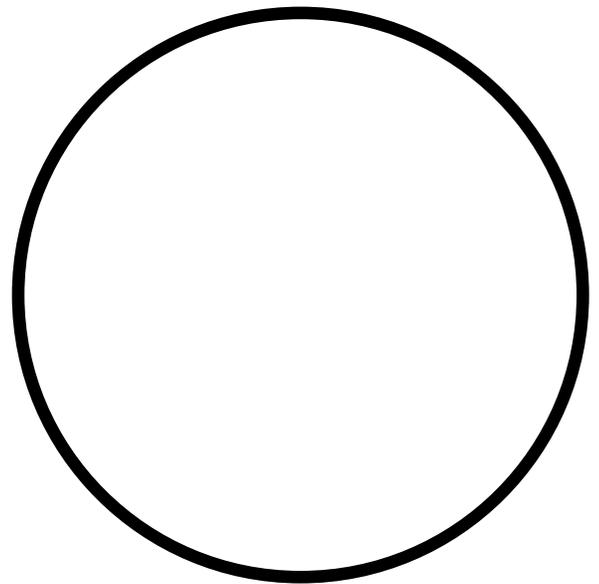
With some direction, I can demonstrate respectful and inclusive behaviour.

I can build relationships by being a kind, cooperative, and supportive friend.

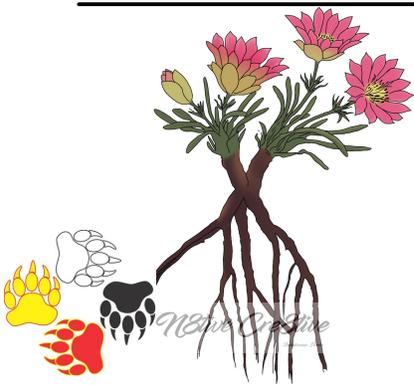


I can...

I showed this when I...



síil̓əm teaches us to be inclusive of all and to build strong relationships with others.



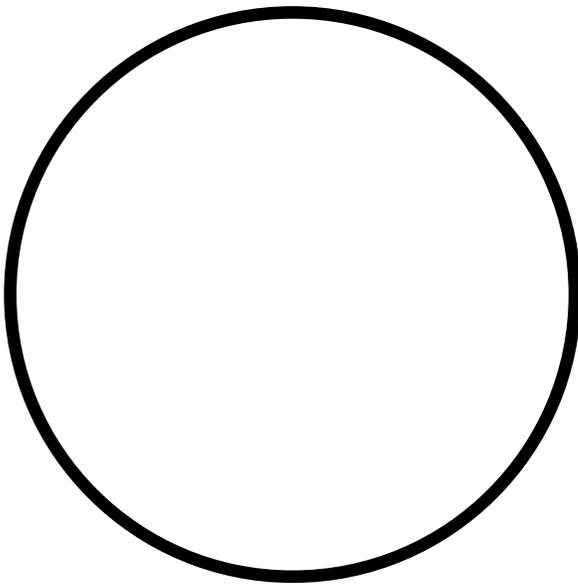


Core Competency Positive Personal & Cultural Identity



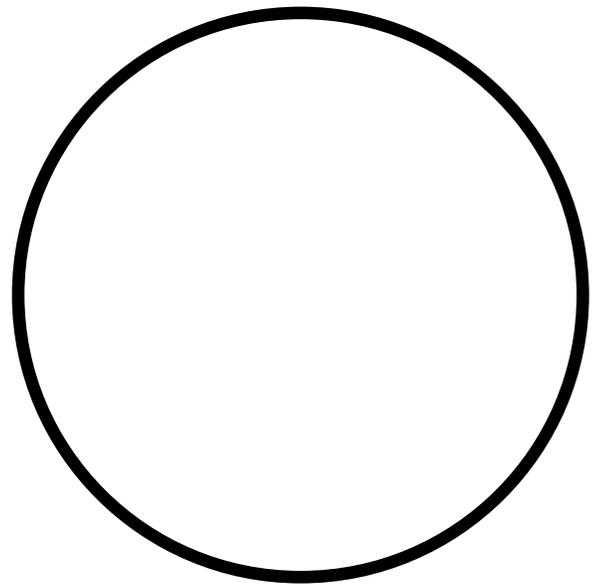
_____ has positive personal and cultural identity.

- I can describe my family and community.
- I can tell what is important to me.
- I can identify my individual characteristics.



I can...

I showed this when I...



skm'xist teaches us to understand our cultural history and to value our family.

